

S.N.A.P

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

How do SNAP benefits work?

- Benefits are placed in an electronic benefits transfer (EBT) account and an ACCESS card is issued.
- The household uses the ACCESS card to purchase food at grocery stores and supermarkets.
- These benefits are not cash and can only be used on food purchases.

HOW TO APPLY

Fill out an application at
www.compass.state.pa.us

or

by phone at PA Snap Hotline
1-800-692-7462

In-person services at your
County Assistance Office

Lehigh County Assistance Office

**555 Union Blvd., Suite 3
Allentown, PA 18109
610-250-1700**

***Call Second Harvest SNAP Outreach
Coordinators. They will help you fill out
the application and answer questions.
484-821-2406***

W.I.C

WOMEN INFANT & CHILDREN

Who can apply for WIC?

- Pregnant women
- Women who are breastfeeding a baby under one year of age
- Women who have had a baby in the past six months
- Parents, step-parents, guardians, and foster parents of children under age five can apply for their children. Many working families qualify for WIC.

HOW TO BECOME A WIC PARTICIPANT

Contact your local WIC nutrition center

Lehigh Valley WIC Center
1837 W. Linden Street Allentown, PA
610-432-3455

Casa Guadalupe
218 N Second Street. Allentown, PA
610-435-5673

or

Call the Maternal Family Health
Services call center at 1-866-WIC-TIME
to find the closest center and make an
appointment. There is also a
pre-application you can fill out online at
www.pawic.com/onlineapplication.



**NEED FOOD?
NOT ENOUGH MONEY?**

THREE WAYS TO GET HELP!

- **FOOD PANTRIES**
- **S.N.A.P**
(Supplemental Nutrition Assistance Program)
- **W.I.C**
(Women Infant & Children)

Allentown Food Pantries

Allentown Ecumenical Food Bank *

417 N 14th St. Suite 101 | 610-821-1332
M-F, 9:00 am-12:00 pm.
Thursdays 3:30-6:00pm

Casa Jeanette

705 N 8th Street 18102 | 484-860-0303
Monday, Wednesday & Friday 11:00am-12:00pm

The Caring Place

931 Hamilton St 18101 | 610-433-5683
Tuesday & Thursday 12:30-3:00pm

East Side Food Pantry at Community Bike Works *

614 S Carlisle St. 18109 | 610-820-4067
Every Wednesday & Friday.
11:00am-1:00pm.
Thursday 4:00-6:00pm

St Marks Lutheran *

201 East Juniata St. 18103 | 610-797-6440
2nd Tuesday: 10am-12pm.
4th Thursday: 4:00-6:00pm

Promise Food and Wellness Center at Hays Elementary School *

13th & Gordon Streets | 484-765-4961
Wednesday-Friday. 4:00-7:00pm .
1st & 3rd Saturday
Text FOOD to 484-229-4388
Register @ www.orderahead.org

Allentown Salvation Army

144 N 8th St 18102 | 610-432-0129
2nd and 4th Wednesday of every month
10:00am-12:00pm and 4th Wed
3:30-5:00pm

John Morrell Food Pantry

224 W. Susquehanna St. 18103 |
484-347-3834
1st and 3rd Saturday 9:00-10:00am

First Corintios 13, Iglesia

938 S 11 St. 18103 | 484-942-4683
3rd Saturday: 10:00am-12:00pm

City Limits Assembly of God

302 Ridge Avenue 18102 | 610-776-8656
Every Thursday. 9:00-11:00am

Iglesia Restauracion Unidos en Cristo

34 S 10th St. 18102 | 347-400-2637
Every Saturday. 10:00-11:00am

Iglesia de Cristo Misionera

1349 Hamilton St. 18102 | 484-773-6055
2nd & 4th Saturday of the month.
11:00am-1:00pm

Iglesia Cristiana Vida Eterna

1401 W Linden Street 18102 | 484-744-4603
1st and 3rd Saturday 8:30-11:00 am

Grace Community Foundation

108 N 5th St. 18102 | 610-435-7245
Friday: 9-11am
3rd & 4th Saturday 9:00-11:00am

Jewish Family Service *

2004 Allen St. 18104 | 610-821-8722
Wednesday & Thursday. 10:00am-1:00pm.
Appointment only

Syrian Arab American

606-608 ½ N 2nd St. 18102 | 610-432-8001
Closest Wednesday to the 15th of each month
10:00am-2:00pm

Evangelical Wesleyan

728 N Irving St. 18109 | 610 433-6160
3rd Saturday of the month 10:00-11:45am

Central Catholic Community

317 N 4th Street 18102 | 610-437-4601 ext. 140
September through April
Last Tuesday of month 4:00-5:00 pm

Everlasting Life Ministries

224 N Sixth Street 18102 | 610-776-4009
First come basis Saturdays 9:00am