



Raub Area Community Watch

Future Meetings: Thursday Oct. 7th and Nov. 4th @ 7 PM Lehigh County Sr. Cntr., 1633 Elm St.

Oct / Nov '10

Contact us by attending a monthly meeting or by

Email:
raubcw@yahoo.com

October Dates

10/7 RACW Meeting 7PM

10/11 Columbus Day

10/23 Penny Party

St. James UCC

15th & Walnut Sts.

3 PM

10/29 Trick or Treat 6-8 PM

10/31 Halloween

November Dates

11/2 Election Day

11/4 RACW Meeting 7PM

11/7 Daylight Savings Time Ends

11/11 Veteran's Day

11/14 Halupki Dinner

St. James UCC

15th & Walnut Sts.

12 - 2 PM

11/25 Thanksgiving Day

In the City of Allentown
what is the definition of
double parking?

See back for more details.

RACW will hold election of
2011 Officers in November.
Open floor for nominations
will begin Oct. 7th
through the election Nov. 4th

Current Officers:

President – Gerry Traupman

Vice Pres. – Gail Stoudt

Treasurer – Lynn Unger

Secretary – Eileen Bernhard

FUTURE EVENTS

MAYOR PRESENTATION - Tuesday October 5, 2010 7:00 PM at the Lehigh County Senior Cntr., sponsored by West Walnut Neighborhood Assoc. The Mayor is coming to you; please bring any city-wide concerns to discuss with him.

ALLENTOWN TRICK-OR-TREAT NIGHT – Friday 10/29 6-8 PM. Take advantage of this night to meet your neighbors. Giving treats doesn't have to be expensive or sugary. Hand-out stickers or novelty items. For those giving and receiving - talk to your neighbors, introduce yourself, sit outside to hand out the treats enjoy your neighborhood....set a good example !

HOLIDAY POTLUCK – Thursday December 2, 2010 6:30PM-8:30PM at the Sr. Cntr.

RACW – MONTH IN REVIEW

** It was great to see the new and annual attendees at the August ice cream social.

** Thank you to Allentown Police Sgt. Timothy Yanders for speaking to us at our September meeting. The information about home, personal and business safety and preventative measures to avoid theft is useful.

** The neighborhood continues to experience home and vehicle break-in's. Keep your home secure and report any suspicious activity to non-emergency Allentown Pol. Dept. 437-7751. Any crime in progress call 911. Anyone interested in becoming a Block Leader and contact for zoning and other quality of life issues in your immediate block contact the Raub Area Community Watch by email: raubcw@yahoo.com

RAISING STREETWISE KIDS

National Crime Prevention Council, Washington DC offers some tips for parents:

Would your child know what to do if...he got lost a shopping mall? A friend dared him to drink some beer or smoke a joint? A nice looking, friendly stranger offered them a ride home after school?

Start with the Basics – Make sure children know their full name, address and phone number...how to call 911...tell them not to accept rides or gifts from someone they don't know well...teach children to go to a store clerk, security guard or police officer if lost at the mall or in a store...set a good example for children.

At School or Play – Encourage your child to walk and play with friends, not alone...don't play near places that could be dangerous (vacant buildings, alleys)...settle arguments with words, not fists, remind them that taunting and teasing can hurt friends and make enemies...walk safe routes, point out places they could go for help...encourage kids to be alert in the neighborhood and tell an adult, teacher, neighbor or police officer if something doesn't seem right...check babysitting references and day care qualifications.

At Home Alone – Leave a phone number where you can be reached, post it by the phone along with other important numbers...have a child check in with you or a neighbor when they get home, agree on rules for having friends over and going to a friends house...make sure your child knows how to use door and window locks...tell your child not to let anyone into the home without your permission and never let the reveal to a caller or someone at the door that an adult is not home, kids can always say their parent is busy and take a message...work out an escape plan in case of emergencies and practice it with your children.

Protecting your Child against Sexual Abuse – Let your child know they can tell you anything and you'll be supportive...teach your child that no one, not even a teacher or close relative, has the right to touch him or her in a way that makes them uncomfortable...don't force kids to kiss, hug or sit on a grown-up's lap if they don't want to, this gives them control and teaches them that they have the right to refuse...always know where your child is and who they are with...tell your child to stay away from strangers who hang around playgrounds, public restrooms and school...be alert for changes in your child's behavior that could signal sexual abuse, such as unexplained hostility toward a favorite babysitter or relative. Some physical signs of abuse include bedwetting, loss of appetite, venereal disease, nightmares and complaints of pain or irritation around the genitals.

Take a stand by working with schools, programs, volunteer to help groups or serve as a safe-haven parent.

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Keeping Students and Valuables Safe in the College Setting

This countries 6,000 colleges and universities report some 40,000 burglaries, 3,700 forcible sex offenses, 7,000 aggravated assaults and 48 murders a year. Other hazards include fires, binge-drinking, and mental-health problems are also on the rise. Students typically feel safe around peers, but 80% of all crimes on campus are committed by other students. The first 6-weeks of college require special vigilance. Campuses often see a 30% spike in calls from student victims during the beginning of school and incoming freshman.

To a burglar, a dorm can look like a treasure trove. The typical student is likely to have \$5,000 - \$10,000 worth of electronic gear in his room. Although colleges often have security, individuals walking on campus, especially late at night or early morning, must be aware of their surroundings. Outside forces are not the only culprits that may harm students. Sometimes psychological issues can wreak havoc on a young man or woman. Many students struggle with depression, bipolar disorder, psychotic breaks and eating and anxiety disorders. Suicide is the second leading case of death of among students (after accidents) claiming \$1,100 lives a year. Many colleges have beefed up counseling to help students deal with mental health issues.

How to Danger Proof a Dorm...

Keep criminals out. Windows especially on the 1st and 2nd floors should be locked and covered with shades so crooks can't see in. Secure the computer to the desk with a cable lock. Consider equipping the laptop with a GPS unit so police can track its location, if it's stolen. To protect valuables use a small safe that's heavy enough to discourage burglars. Wireless alarms are available for dorms at electronic stores for \$25. Stop fires before they start. Buy UL-listed surge strips with circuit breakers. Use non-halogen desk lights. If the room does not have a hard-wired detector buy a battery operated one and carbon monoxide detector. Equip kitchens with an ABC extinguisher. Know at least 2 ways out. Be emergency-ready. Keep a working flashlight and fully charged cell phone, programmed with emergency numbers. Sign up for campus emergency notification system.

Courtesy of Reader's Digest by Lisa Collier Cool with Fran Lostys

Fire Prevention Week Oct. 3rd – Oct. 9th

Smoke Alarms Save Lives - 65% of home fire deaths happen in homes with no smoke alarms at all or no smoke alarms that work. When there is a fire, smoke spreads fast and you need smoke alarms to give you time to get out.

Safety Tips

Install smoke alarms in every bedroom, outside each separate sleeping area and on every level of the home, including the basement.

Interconnect all smoke alarms throughout the home. When one sounds, they all sound.

An ionization smoke alarm is generally more responsive to flaming fires and a photoelectric smoke alarm is generally more responsive to smoldering fires. For the best protection, both types of alarms or a combination alarm (photoelectric and ionization) should be installed in homes.

Test alarms at least monthly by pushing the test button. • Smoke rises; install smoke alarms following manufacturer's instructions high on a wall or on a ceiling. Save manufacturer's instructions for testing and maintenance.

Replace batteries in all smoke alarms at least once a year. If an alarm "chirps," warning the battery is low, replace battery right away.

Replace all smoke alarms, including alarms that use ten year batteries and hard-wired alarms, when they are ten years old or sooner if they do not respond properly when tested.

Be sure the smoke alarm has the label of a recognized testing laboratory. • Alarms that are hard-wired (and include battery backup) must be installed by a qualified electrician.

If cooking fumes or steam sets off nuisance alarms, replace the alarm with an alarm that has a "hush" button. A "hush" button will reduce the alarm's sensitivity for a short period of time.

An ionization alarm with a hush button or photoelectric alarm should be used if the alarm is within 20 feet of a cooking appliance.

Smoke alarms that include a recordable voice announcement, in addition to the usual alarm sound, may be helpful in waking children through the use of a familiar voice.

Smoke alarms are available for people who are deaf or hard of hearing. These alarms use strobe lights. Vibration equipment can be added to these alarms.

Autumn Gold Pumpkin Cake (serves 12-16)

CAKE = 1 package Duncan Hines Moist Deluxe Butter Recipe Golden Cake Mix	3 eggs	1 cup water	1 cup solid pack pumpkin
1 tspn. ground cinnamon	¼ tspn. ground ginger	¼ tspn. ground nutmeg	1 cup chopped walnuts
ROSTING = 1 container (16 oz.) Duncan Hines Vanilla Layer Cake Frosting			
½ cup coarsely chopped walnuts, for garnish	½ tspn. ground cinnamon		

Preheat oven to 375°F. Grease and flour two 8-inch round cake pans.

For cake, combine cake mix, eggs, water, pumpkin, 1 tspn cinnamon, ginger and nutmeg in large bowl. Beat at medium speed with electric mixer for 4 minutes. Stir in 1 cup walnuts. Pour batter into pans. Bake at 375°F for 30-35 minutes or until toothpick inserted in center comes out clean. Cool following package directions.

For frosting, combine vanilla frosting and ½ tspn. cinnamon. Stir until blended. Fill and frost cake. Garnish with ¼ cup walnuts.

An issue of primary concern to many residents and drivers is Double Parking. Many people are unaware of the exact definition of double parking. According to the City Ordinance, it is illegal for any vehicle to be parked 'in the lane ordinarily used by moving traffic or on the roadway side of any vehicle stopped or parked at the curb or edge of the highway.' In other words, if a vehicle is stopped in a lane intended for traffic, even if the vehicle is occupied, it is in violation of the ordinance. Many people assume, incorrectly, that if the driver is still in the vehicle, and the vehicle is running, then it is ok to stop for just a short period of time.